

The Strategic Plan Implementation Teams will be issuing periodic *We Rise* To New Heights Strategic Plan updates throughout the year. With this, we will provide updates on our 5 Bold Goals.

- Unsurpassed Student Experience
- Contemporary and Distinctive Academics
- Leading Student Success and Support
- Culture of Care and Belonging – Today's update
- Operational Strength and Investment



As the chair for the Culture of Care and Belonging Strategic Implementation Team, I'm excited to introduce MSJ Better Together, a space to share updates from our work. We launched our work on Building a Strength-Based Culture at Convocation in August, and we would like to provide you with additional tools and resources to help you apply your VIA Character Strengths in your work at the Mount. If you have not yet taken the survey, we encourage you to set aside just 10 minutes to complete it here.

To dive deeper into VIA Character Strengths and the field of Positive Psychology, be sure to check out the excerpt written by Kory Phelps, faculty in Psychology.



Please take a moment to explore these two helpful tools (attached) for sharing your **Top 5 VIA Character Strengths** with colleagues and students on campus:

- Top 5 Character Strength Template
- Top 5 Character Strength Email Signature Template



Wow the MSJ Community brought so much energy and fun to the MSJ Night at the Reds. Thank you to all 580 who came out to enjoy the experience together!

See video here; Instagram: https://www.instagram.com/p/DOOYOCPkSvu/





If you would like to learn more about **VIA Character Strengths** and how to apply them in your own work, as well as with colleagues and students, please **save the date** for an upcoming training**.** Please click here to register for the VIA Character Strength training.

- Wednesday, October 22nd 12:00pm -1:00pm

We also invite you to join us for these **fun and engaging campus events** to connect and build community:

- MSJ 5K:
    - September 20th 8:30 am
        - Click Here to Register
- Connect on the Quad with Hispanic Latino Student Union
    - September 22nd 11:30am – 12:30pm
- Athletic Employee Appreciation Games:

    - Women's Soccer vs. Spalding - September 23rd 7:30pm
    - Men's Soccer vs. Ohio Christian – September 25th 7:00pm
- Spark Session – MSJ commUNITY Learning Session – Center for Mission & Belonging
    - October 1st 12:00pm – 1:00pm
        - Click Here to Register
- Party in the Quad – Friday before home football games – Wear your MSJ Gear!
    - October 3rd 12:00pm – 1:00pm
    - October 10th 12:00pm – 1:00pm
    - October 24th 12:00pm – 1:00pm
    - November 7th 12:00pm – 1:00pm
- Homecoming Events October 24/25 – https://www.msj.edu/alumni/alumni-events/homecoming/Homecoming.html

To learn more about upcoming Employee Engagement events click here.

"Connection is why we're here; it gives purpose and meaning to our lives."

– Brené Brown